



Rib Lake Elementary School

October 2020

Newsletter



RLES Staff is happy to be back to school!

Attention Parents:

The following is a reminder of the bus safety procedures. The buses will drop off at the District Office doors and **parents are to drop their children off at the main entry way by the elementary office.** Also parents, when you are dropping your students off in the front of the school, please pull up by the sidewalk or park in the median and walk your child across the parking lot. This will prevent any students trying to cross the street areas of the parking lot. unattended

For end-of-the-day dismissal, parents, **please pick your children up at the District Office doors by 2:50.** For safety reasons, children must be accompanied as they leave the sidewalk area, so please park and meet your child on the grass or sidewalk.

Thank you for helping us with these procedures to keep our children safe.

Upcoming Events:

- Oct 12. School will resume
- Oct 15. Early Dismissal 12:15pm
- Oct 16. NO SCHOOL
- Oct 28. Prek-2nd Picture Day
- Oct 29. Prek, 3rd-5th Picture Day
- Oct 23. Book Fair Begins
- Oct 30. Book Fair Ends
- Oct 30. Classroom Halloween Parties

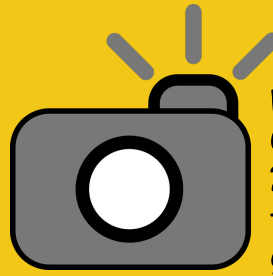
Paperwork

As we begin October, please be sure that you have returned all of the forms that were sent home with your child. We realize that it can be a lot of work, but it really does help us to get to know your child and give us the information we need to keep everything up to date.



Mr. Dallmann's Update

I could not be more pleased with the students, parents, and staff at Rib Lake Elementary School. We have had plenty of adversity for the past six months to disrupt the learning process. Things do look different as we started this school year with student drop off and pick up, social distancing, and masks, but the students have come to school with a willingness to learn. I am so proud of the students and teachers for all of their hard work this past month. We even got a chance to work on going virtual again as a whole district for the past week, but we are happy to be back in school on Monday. I want to encourage all of the students to keep persevering through the obstacles as it not only helps us achieve our academic goals but also build good character. I could not be more proud of you all!



Picture Day
 RLES fall picture day is on October 28th for PreK through 2nd grade and October 29th for PreK and 3rd through 5th grade.

JMC Messaging

The district is no longer using the Remind Messaging system this year. Instead, important school and district messages will go out via the email provided on your child's Emergency Form. Time sensitive or urgent information will be sent out via a text through this same system. Please be sure to notify the elementary office if you have a change of information.

THE RIB LAKE WAY A Great Place to Learn, a Great Place to Work		
WHAT WE BELIEVE:	HOW WE BEHAVE:	OUTCOMES WE ACHIEVE:
ATTITUDE IS EVERYTHING <i>"Keep it Positive"</i>	<ul style="list-style-type: none"> - Respond "Above the Line" - Appreciate differences - Be part of the solution, not the problem 	<ul style="list-style-type: none"> - Positive school climate, no BCD - Fun place to be - Victors, not victims
BUILDING CHAMPIONS <i>"Leadership, Healthy Choices, Respect"</i>	<ul style="list-style-type: none"> - Invest the time to care, listen and connect - Do the right thing, especially when it's hard - Value yourself, others and property 	<ul style="list-style-type: none"> - Healthy relationships - Lifelong learning - Safe and supportive environment
COMMITMENT TO EXCELLENCE <i>"Work Hard, Get Better"</i>	<ul style="list-style-type: none"> - Own your work, be accountable - Work together - Be teachable: ask for help, give help, accept help 	<ul style="list-style-type: none"> - Productive environment - Team players - Achievement of personal goals

Culture of Champions

Rib Lake Elementary has a great start to filling their Champion Chart! When students are following 'The Rib Lake Way' they are able to put a badge on the Champion Chart. Once that chart has been filled, we will celebrate with a school wide activity. The activity will vary depending on the weather and the time of year that it gets filled. We look forward to watching all of the children learn and grow as they become champions!

From the District Nurse . . . What is a Food Allergy?

A food allergy is a specific type of negative food reaction involving the immune system.

A **food allergy** should not be confused with a **food intolerance** or other non-allergic food reactions. Various epidemiological surveys have indicated that almost 80 percent of people who are asked if they have a food allergy respond that they do when, in fact, they do not have a true food allergy.

Food intolerance refers to an abnormal response to a food or additive, but it differs from an allergy in that it does not involve the immune system. For example, people who have recurring gastrointestinal problems when they drink milk may say they have a milk allergy. But they really may be lactose intolerant.

“One of the main differences between food allergies and food intolerances is that food allergies can result in an immediate, life-threatening response,” says Stefan Luccioli, MD, senior medical advisor in the Food and Drug Administration’s (FDA) Office of Food Additive Safety (OFAS).

Signs and Symptoms of a food allergy

Symptoms of a food allergy usually develop within about an hour after eating the offending food. The most common signs and symptoms of a food allergy include:

Hives, itching, or skin rash

Swelling of the lips, face, tongue and throat, or other parts of the body

Wheezing, nasal congestion, or trouble breathing

Abdominal pain, diarrhea, nausea, or vomiting

Dizziness, lightheadedness, or fainting

In a severe allergic reaction to food—called anaphylaxis—you may have more extreme versions of the above reactions. Or you may experience life-threatening signs and symptoms such as:

Swelling of the throat and air passages that makes it difficult to breathe

Shock, with a severe drop in blood pressure

Rapid, irregular pulse

Loss of consciousness

Major Food Allergens The following foods or food groups account for 90% of all food allergies in the United States:

- Milk
- Eggs
- Peanuts
- Tree nuts such as almonds, walnuts, and pecans
- Soybeans
- Wheat
- Fish
- Shellfish such as crab, lobster, and shrimp

Some food allergies can be outgrown. Studies have shown that the severity of food allergies can change throughout a person’s life. But Dr. Luccioli concludes, “There is no cure for food allergies. The best way for consumers to protect themselves is by avoiding food items that will cause a reaction.”

It is important that you notify the school of your child’s food intolerances and food allergies. If your child has a known food allergy requiring medication to treat anaphylactic reaction, it is your responsibility to provide the school with a doctor’s order, your consent and the medication to treat the reaction.

If you have questions about Food Allergies, please contact the District Nurse at jlemaster@riblake.k12.wi.us or calling 715-427-3222 x.3250.

[Information for the article is from the U. S. Food and Drug Administration (FDA)]



Welcome!

A big welcome to all of our new staff members this year!



Mrs. Heather Schudlach
Early Childhood – 1st Grade Special Education Teacher

I was born and raised in Wausau with the exception of visiting my dad in the summers in Virginia. I am married and have a stepdaughter Breanna, who's 14 yrs old, Lila who is 5 yrs old. I enjoy crafting, working on our farm, traveling and spending time with family.



Mrs. Amy Foster
Elementary Secretary

I am excited to be here as the Elementary Secretary and having the opportunity to bring a good morning smile to the kiddos and getting to know the families. I have a passion for kids. I worked as a special education aide at RLES in 2019-20. Previous to that I ran childcare from my home for 14 years until my youngest was in school full time. My husband and I have 5 children. We enjoy family time, outdoors and sports!



Mrs. Nicole Scoles
Special Education Aide

I graduated from Rib Lake in 2007. I am married to my wonderful husband and we have 2 awesome grade school children. We love to go camping and fishing in our free time. I am super excited to be working at the Rib Lake Elementary School this year!



Ms. Zoey Nuemann
Special Education Aide

I am a 2020 graduate of the Medford Area Senior High. I am currently at NTC with the intentions to transfer to UW-Stevens Point with a Child Life and Family Studies Major. My end goal is to become a Child Life Specialist. I am so excited about the opportunity to work with the students as a Special Education Aide. In my free time I love spending time with family/friends and doing anything outdoors.



Ms. Lisa Schubert
Special Education Aide

I graduated from Rib Lake in 2019. I am currently a student at the University of Wisconsin-Green Bay but since all of my classes are online I decided to stay home and work at the Elementary School as a Special Education Aide. I missed working with kids and I am so excited for this position. Special Education kids have my heart. When I am not at school I love to go hiking and being outdoors.



Ms. Rebecca Van Luven
Special Education Aide

I am a graduate of Rib Lake High School. I attended North Central Technical college for 3 years in the Early Childhood Education program. During that program, I had my first opportunity to be a part of the Rib Lake elementary staff. I highly enjoyed working closely with teacher and children and checking the staff lounge for snacks!!



Ms. Stephanie Pittman
School Psychologist

Stephanie joins us from CESA 9 every Thursday to help support students and staff when academic and behavioral concerns arise. She will be a wonderful asset to our team.

We Love Learning @ RLES!!



Ms. Daniel's 2nd Grade class working hard!

1st Grade



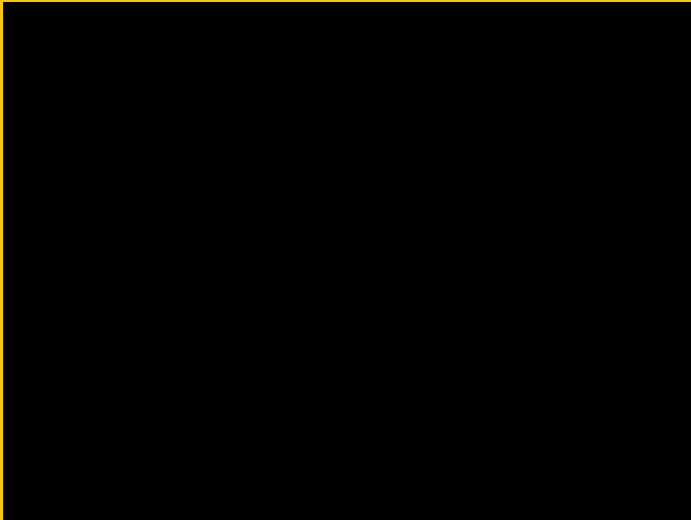
Time for some fun!
Mrs. English's 4th Grade class is taking a break and working off some energy!

Kindergarten students worked on reviewing their letters and numbers.

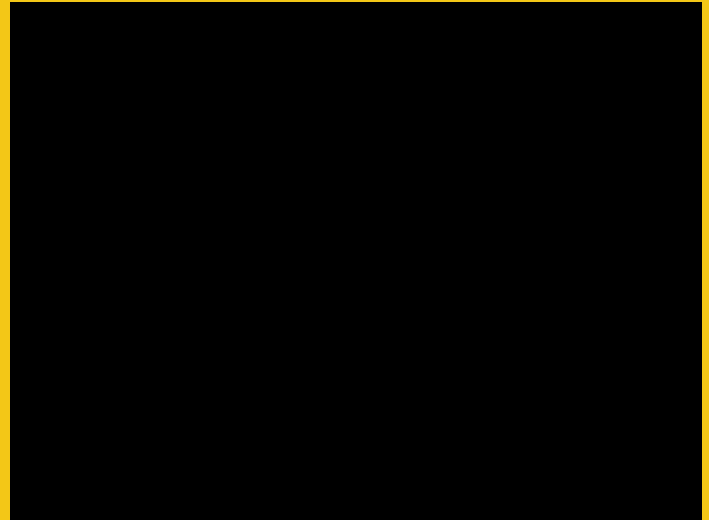
We Love Teaching @ RLES!!

Click the video links below to check out some of the lessons shared out during last week's virtual learning sessions!

[Math with Mrs. English!](#)



[Art with Mrs. Robisch!](#)



[Fine Motor Fun with Mrs. Scheithauer!](#)



3rd Graders persevering and showing a Growth Mindset through Virtual Learning!

